

## **FRIDAY EXPRESS BOWLING LEAGUE 2023-2024 BY-LAWS**

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VICE-PRESIDENT: John Herro (303) 910-6871, [johnherro@hotmail.com](mailto:johnherro@hotmail.com)

SECRETARY/TREASURER: Arapahoe Bowling Center (ABC) (Tyson Lundquist) (303) 790-2695 ([tyson@arapahoebowl.comcastbiz.net](mailto:tyson@arapahoebowl.comcastbiz.net))

1. **LEAGUE DETAILS:** The name of the league shall be Friday Express, referred to as the “league” elsewhere throughout these by-laws. This league is a senior league, all members must be 50 years of age or older at the beginning of the league. The league will bowl on Friday afternoons at Arapahoe Bowling Center (ABC) with practice beginning at 12:15pm and bowling to start at 12:30pm. Competition will consist of 3 games of bowling each day.
2. **BOARD OF DIRECTORS:** The league board of directors consists of the officers of the league and all team captains who will manage the league for the season. Open communication to league members is expected.
3. **TEAM STRENGTH/SCHEDULE:** The league will consist of 16 teams of 4 players and be a mixed league with any combination of men and women. The league will begin on September 8, 2023 and bowl for 31 weeks ending on April 19, 2024. The league will not bowl on November 24, 2024 (the day after Thanksgiving), and December 29, 2023. There will be one position round, in week 31.
4. **SANCTION:** The league will be sanctioned with the United States Bowling Congress (USBC). All bowlers, including substitutes, must be sanctioned with USBC before they can bowl in the league. The sanction for the 2023-2024 season is \$30.00 and must be paid separately from league fees. Please make payment to ABC.
5. **FEES:** The weekly fee to be paid by each member is \$15.00 per bowler with \$11.00 for lineage to ABC, \$.75 for secretary/treasurer fee and \$3.25 for prize fund. The last two weeks of bowling shall be paid by the 6<sup>th</sup> week of the league (October 13, 2023). Bowlers may not be more than 2 weeks in arrears.

A bowler must give 2 weeks' notice if they must quit the league. This is a guaranteed league; therefore, bowling fees are required to be paid even if regular member is absent. This is a new ABC rule beginning this fall. If there are questions, please contact Tyson Lundquist, Secretary/Treasurer. If a member must be absence due to extended illness, the bowling fees are still required for the first 6 weeks. After 6 weeks, the bowler is relieved of paying the lineage (\$11.00), but the prize fund and secretary/treasurer fee (\$4.00) is still required. Upon return, norm fees each week will resume.

6. **AVERAGES:** Averages will be established on the first day of bowling regardless of the number of games bowled.
7. **HANDICAPS:** Handicaps shall be 90% of the difference between the individual's average and 220. Handicap will be computed after the first day of bowling and applied to the games bowled that day.
8. **LEGAL LINE-UP:** Legal line up shall consist of 1 regular bowler and must be present by the end of the 3<sup>rd</sup> frame of any game. Late bowlers may enter the game provided 3 frames have not been completed.
9. **SUBSTITUTES:** Substitutes will be allowed; however, no substitutes can be used on position round. Substitutes do not have to pay to bowl; however, the regular bowler must ensure league fees are paid.
10. **ABSENT BOWLERS:** In the event a bowler is absent, and the team has a legal line-up, the absent score will be the bowler's average with full handicap. An absent score can be used for 3 consecutive weeks. Beginning the 4<sup>th</sup> consecutive week, the absent score will be the regular bowler's average minus 10 pins unless due to medical exception. For medical exception, the team captain must advise the President, Vice President or Secretary/Treasurer in writing (email, text or written correspondence) so that adjustments can be made. This will make sure there is no misunderstanding of what is needed. See Rule 5 above with regard to bowling fees. Teams are encouraged to use a substitute when possible.
11. **VACANCY:** The vacancy score shall be 120 per game, with 90 pins handicap. A vacancy is used when a team does not have a full line-up of 4 bowlers.

12. **FORFEIT:** In the event of a forfeit, the team present must bowl within 40 pins of their team average to receive the win for that game. Points not won for failing to bowl the minimum score will not be credited for the team that forfeited.
13. **STANDING POINTS:** A total of four points will be award each week as one point for each game and one point for total pins.
14. **PRE/POST BOWLING:** Pre-bowling and post-bowling are permitted and must be scheduled in advance with the bowling center. All pre-bowling and post - bowling must be bowled as a team. Post-bowling must be completed within 2 weeks of the regularly scheduled date and all pre-bowl and post-bowls must be completed prior to the next position rounds. Only pre-bowls are permitted on position rounds. All games bowled in a pre-bowl or post-bowl shall count for league awards; however, due to USBC Rule will not count for USBC awards. When the need for pre-bowling or post-bowling is needed, it is the team captain's responsibility to notify the President, Vice-President or Secretary/Treasurer in writing (email, text or written correspondence) to ensure it is documented to prevent any miscommunication.
15. **AWARDS:** The President will solicit at least 3 members of the league for a prize committee to present at least three prize lists for the league to consider. All members of the league will have a vote on the prize lists presented. The Vice President of the league will work with the prize committee to present the prize lists by the 6<sup>th</sup> week of the league. Separate awards for men and women will be presented. Bowlers must bowl at least 2/3 of the league's scheduled games to be eligible for individual awards and only one award may be earned for an individual award (except for high average and most improved). As this is a handicap league, handicap awards shall take precedent over scratch awards. Handicap awards will be computed after 12 games have been bowled. Most improved bowler will be computed after 12 games and compared to final average at the end of the league.
16. **BYE TEAM:** When bowling against a bye team (if the league has an uneven number of teams), the team must bowl within 40 pins (or more) of the team average to win the points. The team is the sum of the averages of the

bowlers who bowled. In the case of a tie, the team wins the points (points are not split).

- 17. Any rule not covered herein shall be covered by the USBC rule book for the current season.**
- 18. These league rules were adopted by the league membership on September 8, 2023 during the initial league meeting prior to bowling.**