

YOUNG AT HEART BOWLING LEAGUE RULES
2023-2024 SEASON

I. General

- A. This organization shall be known as the YOUNG AT HEART BOWLING LEAGUE.
- B. The purpose of this league is to conduct tenpin bowling activities and foster among its members the spirit of fun, sportsmanship, and fairness.
- C. Only members of this league are allowed in the bowlers' area during competition.
- D. All decisions being made pertaining to this league and/or its members shall be made by the Board of Directors. The Board of Directors shall consist of the League Officers and all Team Captains.

II. Sanctioning

- A. This league is certified by USBC. All bowlers, including substitutes, must join USBC. The Fee is \$30.00, payable the first week. Checks made out to USBC.
- B. This document follows the USBC rules and regulations.
- C. Any rules not covered herein shall be governed by USBC rules.

III. Composition of the League

- A. This league will consist of four bowlers per team. There must be at least three bowlers per team. Two bowlers and two vacant are not allowed.
- B. The general membership shall elect all officers and determine league rules within and as defined by USBC rules. The officers that have been elected for this year are:
Karel McGuire - Secretary/Treasurer
Barb Elliott - Vice President
Larry Pollard -President
- C. This is a senior league and all members must be at least 50 years of age. Exception: If a league bowler has a spouse under the age of 50, he/she will be allowed to bowl.
- D. This is a mixed league and all teams must have at least one bowler of the opposite sex.

IV. Substitutes

- A. Substitutes will be allowed in this league.
- B. Substitutes will pay weekly fees of \$11.00 but no prize money./officer fees.
- C. Substitutes will not be allowed to bowl during the last week of the season.
- D. Substitutes on a team must comply with the composition of the league under section III.

V. Scoring

- A. Team standings will be determined on a 4-point basis. One point will be awarded for each game won and one point for the highest series. When a game or series is tied, each team will be awarded ½ point.
- B. The vacancy score for both men and women shall be the score of 120 and a handicap of 90.
- C. If a team is bowling a VACANT TEAM or a forfeiture, the team must bowl within 40 pins of their average on each game in order in win.
- D. Any bowler who arrives after his/her team has started to bowl, may enter provided the last bowler of the opposing team has not completed the third frame of the game that has been started and provided that the late bowler does not needlessly delay competition.

VI. Handicap System

- A. A book average is defined by the following (in this order):
A bowler's average in the Young at Heart league for 2022/2023 season
A new bowler's average in another league for 2022/2023 season (including the summer leagues) at Arapahoe Lanes
A new bowler's established USBC average for 2022/2023 season,
- B. The bowler's book average will be used for 12 games of bowling (4 weeks normally if a bowler is not absent). After the 12 games are completed and going forward the average will be computed based on the total games bowled and the book average will be dropped.
- C. If a bowler is new and does not have a book average, the bowler's beginning average will be computed on the first three games of league bowling. In the circumstance that a bowler cannot complete 3 games, the average will be computed based on the number of games completed on the first day of bowling.
- D. A bowler's handicap will be figured on 90% of the difference between 220 and the bowler's average.
- E. Absentee Score: A bowler's current average and handicap will be used for 3 consecutive weeks. On the 4th and subsequent weeks missed, the absent bowler will have 10 pins subtracted from his/her average. The handicap will remain the same.

VII. League Schedule

A. League competition:

- League Starts: Monday, September 11, 2023
- No bowling: Monday, December 25 2023
- No bowling Monday, January 1, 2024
- Last Day April 15, 2024
- Payout day/tournament April 22, 2024

There are 30 weeks of bowling planned. The league will bowl on Mondays with practice starting at 12:15 p.m. and competition starting at 12:30 p.m.

- B. The league shall run for one season with one position round at the last week.
- C. If a team member is going to be absent, they are to notify their team captain before scheduled play.
- D. Rules for make-up games by Pre or Post bowling:
The President, Vice President or Secretary/Treasurer should be notified in advance.
Exceptions would be an emergency or bad weather.
The games must be:
Scheduled in advance with the Arapahoe Bowling Center .
Be completed as a team (minimum two team members or one team member and a substitute).
Be completed within 2 weeks of the regular scheduled league date.
- E. If a team is going to be absent, they should notify a league officer no later than 24 hours before scheduled play.
- F. The **minimum** legal line up (for regular or make-up) must be a combination of team bowlers, subs and absent averages that will **result in three scores** and with **no more than one vacant score** used and with **two "live" bowlers**:
One team member and a sub and an absent average
Two team members and an absent average
Three team members

The exception is the last week of the season in which no sub is allowed. In that case two team members and one team member's absent average is the minimum.

The key is that there must be two bowlers and a combination of subs/absent averages to reach at least three and no more than one vacant score used.

If the minimum legal line up cannot be met, The Board of Directors will determine a course of action on a case by case basis.

G. No league member may practice on their assigned lanes on the day of competition.

VIII. Finances

A. Weekly fees for each bowler will be \$16.00. This is broken down as follows:

i. Lineage	\$11.00
• League Secretary/Treasurer Fees	\$.50
• President Fee	\$.25
• Prize Fund	<u>\$ 4.25</u>
	\$16.00

B. Our league is a guaranteed league. All weekly fees are to be paid when a league member is absent. If there is a substitute bowler, the substitute pays \$11.00 and the league member pays \$5.00.

C. The team captain is responsible for the money envelope. They shall ascertain that it is filled out correctly and that the correct amount of money is collected.

D. In place of an audit committee, the executive officers will accomplish an audit to provide checks on league funds. At a minimum, an audit will be conducted no earlier than one month prior to payout of league prizes.

E. Personal checks will be accepted as league payment, and should be made out to Young At Heart Bowling League. Returned checks should be made good immediately by the bowler. There will be a service charge of \$35.00 on all returned checks.

F. Checks will not be accepted the last week of bowling.

IX. Ties and Playoffs

Ties will be determined and listed on the recap sheet which is in accordance with USBC rules

X. Awards & Prizes

A. Bowlers must have completed a minimum of 2/3 of the season to be eligible for awards.

B. An individual bowler may not receive more than one individual award. Additionally, no team may receive more than one prize for "Season High Scores."

i. The prize fund format from last year was approved for this year.

XI. Amendments, Additions, ETC.

- A. In the event a question arises pertaining to these rules concerning this league or its members, the Board of Directors will advise and rule. In addition, this league will abide by the rules of USBC.
- B. Arapahoe Bowling reserves the right to postpone league play for any reason within 30 days of written notice.
- C. A new rule from Arapahoe Bowling: In the case of a medical condition that results in absence of at least six weeks, the player can elect to be removed from the roster so they do not have to pay. Their team must still have a legal line-up. See section VII paragraph F for an explanation of what constitutes a legal line-up.

XII. Elected Officers

President – Larry Pollard 303-550-2918

Vice President – Barb Elliott 303-841-0735

Secretary/Treasurer – Karel McGuire (303) 814-3099