

1. League Identity

This league shall be known as the **Life After Football Bowling League** (“League”).

The League is a **social, non-sanctioned handicap league** designed for fun, competition, and camaraderie, while maintaining organized standings and an end-of-season trophy.

2. Schedule

- **Day:** Sunday
- **Practice:** 10:45 AM
- **League Start:** 11:00 AM

League Duration

- The structured league season shall consist of **8 (eight) scoring weeks**.

Optional Post-Season Weeks

- During **Week 1**, the league will vote on whether to hold **up to two (2) additional optional weeks** following the completion of the 8-week league.
 - These additional weeks:
 - Are **not part of official league standings**
 - Do **not affect final rankings**
 - Do **not affect handicap calculations**
 - The optional weeks may include:
 - Tournament play
 - Fun day formats
 - Specialty events (Baker, Scotch Doubles, low-ball, etc.)
 - Participation and cost for optional weeks will be announced prior to voting and are **voluntary**.
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3. Teams and Rosters

- Teams shall consist of **four (4) bowlers**.
 - **Maximum roster size:** 4 bowlers.
 - Each team shall designate a **team captain** responsible for communication and coordination.
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4. Weekly Fees and Payments

- **Weekly fee:** \$20 per bowler.
- Fees are paid to the bowling center and include lineage, with a portion allocated toward the league prize fund.

Payment Responsibility

- Each bowler is responsible for weekly fees **whether present or absent.**
- If a bowler is absent:
 - Payment is still owed
 - A substitute may bowl in their place
 - The substitute bowls on behalf of the rostered bowler

Payment Submission

- All payments must be placed in the **league bowling envelopes.**
- **Cash payments** may be placed directly in the envelope.
- **Credit/debit card payments** must include the printed receipt placed in the envelope.
- Receipts must clearly include:
 - Bowler's name
 - Team number (if available)
 - Week(s) being paid for

Allocation of Payments

- Payments are applied in **\$20 increments** toward the **earliest unpaid week first.**
 - Any remaining amount will be carried forward as **credit** toward future weeks.
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5. Arrears and Enforcement

- **No individual may be more than two (2) weeks behind in payments.**
 - A bowler who becomes **more than two weeks behind** may not bowl until their balance is brought back to **two weeks behind or fewer.**
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6. Prize Fund and Payout

The prize fund consists of:

- The prize portion included within weekly fees
- Funds collected through the **Quarters Rule**

- Any additional league-approved collections

Eligibility

- Prize funds shall be split **evenly among all bowlers who have paid for all eight (8) league weeks.**
 - Optional post-season weeks do not affect prize eligibility.
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7. Quarters Rule (5th & 10th Frame)

- For every **5th and 10th frame** in which a bowler does **not record a mark** (strike or spare), the bowler is asked to contribute **\$0.50**.
 - All funds collected go directly into the league prize fund.
 - This rule operates on the **honor system**.
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8. Averages and Handicap

- This league is **not USBC sanctioned**.
 - Handicap shall be calculated as:
 - 90% of the difference between a bowler's average and 210
 - Averages are established and updated using league play scores.
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9. Absences and Blind Scores

- If a bowler is absent and no substitute bowls:
 - The bowler's **current league average** shall be used as their blind score.
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10. Substitutes

- Substitutes are permitted when a rostered bowler is absent.
 - Substitute scores count towards their own separate average
 - Payment responsibility can be either party, as long as payment is received.
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11. Pre-Bowls and Make-Ups

- Pre-bowls and make-ups are permitted.
 - Must be completed as a **full team**.
 - Must be scheduled with the bowling center in advance.
 - All make-ups must be completed **within one (1) week before or after** the scheduled league date.
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12. Standings and Points System

Each week:

- **1 point for each game won**
- **1 point for total series won**

Total of **4 points available per week**.

13. League Champion and Trophy

- Final standings after Week 8 determine league placement.
- The first-place team will receive the **Life After Football League Trophy**.

Optional post-season weeks do **not** affect final standings.

14. Sportsmanship and Conduct

This is a social league. Sportsmanship, respect, and common sense are expected at all times. Any disputes or rule interpretations shall be resolved by the league organizer, whose decision shall be final.

15. Amendments

Minor clarifications may be made by the league organizer as needed.
Major rule changes require approval by a majority vote of the league.