

Summer Friday Express Bowling League

2026 By-Laws

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- 1. LEAGUE DETAILS:** The name of the league shall be Summer Friday Express Bowling League, referred to as the “league” elsewhere throughout these by-laws. This league is a senior league; all members must be 50 years of age or older at the beginning of the league. The league will bowl on Friday mornings at Arapahoe Bowling Center (ABC) with practice beginning at 11:15pm and bowling to start at 11:30pm. Competition will consist of 3 games of bowling each day.
- 2. BOARD OF DIRECTORS:** The league board of directors consists of officers of the league and all team captains who will manage the league for the season. Open communication between league members is expected.
- 3. TEAM STRENGTH /SCHEDULE:** The league will consist of 16 teams of 4 players and be a mixed league with any combination of men and women. The league will begin on May 8, 2026 and bowl for 15 weeks ending on August 21, 2026, with the fun day and pay out on August 28, 2026. The league will not bowl on Friday, July 3, 2026.
- 4. SANCTION:** The league will be sanctioned with the United States Bowling Congress (USBC). All bowlers, including substitutes, must be sanctioned with

USBC before they can bowl in the league. The sanction for 2025-2026 season is \$10.00 (for summer league) and must be paid separately from league fees identified in rule # 5 below.

5. **FEES:** The weekly fee to be paid by each member is \$16.00 per bowler with \$12.00 for lineage to ABC \$.75 for secretary/treasurer fee and \$3.25 for prize fund. The last 2 weeks of bowling shall be paid by the 6th week of the league (June 12, 2026). Bowlers may not be more than 2 weeks in arrears. A bowler must give 2 weeks' paid notice if they must quit the league. This is a guaranteed league which means that the regular bowler must pay full bowling fees if missing.
6. **AVERAGES:** Averages will be established on the first day of bowling regardless of the number of games bowled.
7. **HANDICAPS:** Handicaps shall be 90% of the difference between the individual's average and 220. Handicap will be computed after the first day of bowling and applied to the games bowled that day.
8. **LEGAL LINE-UP:** Legal line up shall consist of 1 regular bowler and must be present by the end of the 3rd frame of any one game. Late bowlers may enter the game provided 3 frames have not been completed.
9. **SUBSTITUTES:** Substitutes will be allowed; however, no substitutes are allowed on position rounds. Substitutes do not have to pay to bowl; however, the regular bowler must ensure league fees are paid. It is up to the team using the substitute to decide who will pay the lineage fee. If using a substitute with an established average in this league or a new substitute (not on position round days) the substitute must replace the missing individual with the most games bowled in this league. If there is a tie in the number of games bowled between two missing regular bowlers, the substitute must

replace the bowler with the highest average. Position rounds will be June 26, 2026 and August 21, 2026, with the fun day and payout on August 28, 2026.

- 10. ABSENT BOWLERS:** In the event a bowler is absent, and the team has a legal line-up, the absent score will be the bowler's average with full handicap. An absence score can be used for 3 consecutive weeks. Beginning the 4th week consecutive week, the absent score will be the regular bowler's average minus 10 pins unless a league exception is made. It is the team captain's responsibility to notify league President/Vice President or the Secretary/Treasurer, if a league exception is needed before the need arises.
- 11. VACANCY:** The vacancy score shall be 120 per game, with 90 pins handicap. A vacancy is used when a team does not have a full line-up of 4 bowlers.
- 12. FORFEIT:** In the event of a forfeit, the team present must bowl within 40 points of the team average (or more) to receive the win for that game. Points not won for failing to bowl the minimum score will not be credited for the team that forfeited.
- 13. STANDING POINTS:** A total of four points will be awarded each week as one point for each game and one point for total pins.
- 14. PRE/POST BOWLING:** Pre-bowling and post-bowling are permitted and must be scheduled in advance with the bowling center. All make-ups must be bowled as a team and completed within 2 weeks of the regularly scheduled date. All pre-bowl and post-bowls must be completed prior to the next position round. Only pre-bowls are permitted on position rounds.
- 15. AWARDS:** The President will solicit 3 members of the league for a prize committee to present at least three prize lists for the league to consider. All members of the league will have a vote on the prize lists presented. The Vice-

President of the league will work with the prize committee to present the prize lists by the 6th week of the league. Separate awards for men and women will be presented. Bowlers must bowl at least 2/3rd of the league's scheduled games to be eligible for individual awards and only one award may be earned for an individual award (except for high average and most improved). As this is a handicap league, handicap awards shall take precedent over scratch awards. Handicap awards will be computed after 12 games have been bowled. Most improved bowlers will be computed after 12 games and compared to final average at the end of the league.

- 16. BYE TEAM:** When bowling against a bye team (if the league has an uneven number of teams), the team must bowl within 40 pins (or more) of the team average to win the points. The team is the sum of the averages of the bowlers who bowled. In case of a tie, the team wins the points (points are not split).
- 17. Any rule not covered herein shall be covered by the USBC rule book for the current season.**
- 18. These league rules were adopted by the league membership on May 8, 2026 during the initial meeting prior to bowling.**